



# Back to School

## Study skills

**Don't eat and study at the same time**

**Try to study at the same time each day**

**Make sure that you have everything that you need before you start**

**Keep your homework in the same place so you know right where to find it**

**Have a system for keeping track of when and what assignments are due**

**Start an assignment the day it is given out. The longer you wait the more stressed you will be.**

### **The perfect place to study:**

Don't underestimate the value of a good place to study. The perfect place to study:

Is quiet (some kids work better with quiet music in the background)

Has good lighting

Is free from distractions (the TV isn't on and cell phones are off)

Has all the tools you need for studying (pens, pencils, paper, a dictionary)

### **When you get stuck**

If you get stuck write down the question you have on a sticky note. Place it where you got stuck and then move on and do the rest of your homework. You can ask for help after you're finished.

### **Remember to include 15 minutes a day for reading.**

15 minutes a day of independent reading can expose students to more than a million words of text in a year.